

TIA SEL Bootcamp Packing List

PLEASE come dressed for the Ropes Course as there will **NOT** be time to change prior to the start.

Dress code: casual & comfortable- no revealing tops, shirts, or shorts allowed!

Note: Bring an extra change of clothes for after the ropes course.

Pillow, Blanket, Sleeping Bag and/or Sheets for a Twin Bunk Bed
Towel/Washcloth
Toiletries (toothbrush, toothpaste, soap, shampoo, deodorant, etc.)
Hair Dryer (if necessary)
Clothing (pants, shorts, t-shirts, sweater, socks/undergarments, sleepwear, jacket/sweater/sweatshirt)
Sneakers (<i>required for ropes course</i>)
Flip-flops
Water bottle- DaySprings has filtered water stations.
Medication (original Rx)
Sunglasses
Umbrella or rain gear
Insect repellent and sunscreen
Flashlight(s) and batteries (optional)
Camera (optional)
Baby Wipes (optional)
Books, a journal or other materials for reflections (optional)
Youth appropriate music- explicit content not allowed. (optional)

Alcohol and drugs (including tobacco) are strictly prohibited! Cell phones are allowed but they will only be allowed during breaks throughout the day, and at night after programming is completed.